

**TOWN OF GRANBY
COMMISSION ON AGING
SENIOR CENTER/YOUTH SERVICES BUILDING
June 11, 2012**

PRESENT: Dr. Peter Barwick, Joanne Desrosiers, Karen Hood, Neil Kraner, Dorothy Prior, Bruce Sullivan; Staff Present: Sandy Yost, Program Coordinator

Dr. Barwick confirmed a quorum and began the meeting at 1:35 p.m.

APPROVAL OF MINUTES OF 5/14/12:

ON A MOTION BY Bruce Sullivan, seconded by Karen Hood, the Commission voted (5-0-0) to approve the minutes of May 14, 2012 as written. It should be noted that Neil Kraner arrived after the approval of the minutes.

VOLUNTEER OF THE MONTH:

- Ms. Yost reported that Alex Johnson is the volunteer of the month for May. Alex is a recent college graduate who has been volunteering at various activities at the center.

ACTIVITIES COMMITTEE REPORT:

a. Sandy Yost, Program Coordinator

- Ms. Yost is currently working on the summer newsletter. During the summer many of the clubs take a hiatus but exercise and long-standing activities continue. She had contemplated offering the Mind Sharpener program over the summer but since it is an eight-week commitment, she decided against it. A new exercise program, Dirty Dozen, is being considered and will be proposed to the lunch group. It is a 20 minute class consisting of 12 exercises that target the upper body.

b. Bruce Sullivan, Senior Club Treasurer

- The Senior Club barbeque is this Friday and 30 people have signed up to attend.
- Dorothy Prior reported the club voted to go ahead and hold an ice cream social on September 9th from 1:30 to 3:30 p.m. The Solid Oak Band will provide entertainment and Hood will donate the ice cream. Bobbi Sullivan will make the toppings. Dorothy will send letters to Geissler's and Stop & Shop to see if they can help in any way. She will also attend YAC this week and contact the Girl Scouts to inquire if they can help with serving.
- A VNA skin check will be held tomorrow at 12:30 p.m.

DIRECTOR'S REPORT

- Ms. Yost reported that a company will be coming out to put in a 3x3 floor sample in the community room to test how it holds up.

TRANSPORTATION REPORT

- The transportation piece of the My Senior Center database hasn't been used as of yet. For the month of June, staff input information daily to test how it will work for statistical purposes in regard to reporting.

OLD BUSINESS

- Lori Blackburn dropped off information on the virtual dementia tour. She is considering getting trained in this. Ms. Yost also spoke to Arden Courts as they could possibly run the tour at the Center in the fall. November is National Alzheimer's Month and that may be a good time to do something.

NEW BUSINESS

- Karen Hood inquired if there is a bulletin board or any means for retirees looking for work. Ms. Yost stated the Civic Engagement Group is considering the possibility of a job bank.
- Joanne Desrosiers stated there are individuals who now help people to 'declutter' when they are in the process of downsizing. She thought this type of program could be something to help get younger seniors into the center. Neil Kraner knows someone who provides this service and will send the information to Ms. Desrosiers.
- Because the Commission does not meet again until September and the group has some good suggestions, Ms. Yost suggested individuals look further into these topics and let her know if there is anything they would like to put on the calendar for the fall.

ADJOURNMENT

ON A MOTION BY Bruce Sullivan, seconded by Dorothy Prior, the commission voted (6-0-0) to adjourn at 2:25 p.m.

The next scheduled meeting will be held on September 11, 2012 at 1:30 p.m.

Respectfully submitted,

Kathy Kane
Recording Secretary